



BRACES REMOVAL CONSENT FORM

Patient Name: _____ Date: _____

CONGRATULATIONS! In the next few weeks, your braces will be removed to unveil your beautiful new smile. You will be entering an important phase of your treatment... **the Retention Phase.** After your braces are removed (Deband Day), we will see you four more times in the next 16 months to evaluate the position of your teeth and make any necessary adjustments to your retainer(s).

TYPICAL RETAINER CHECK SCHEDULE

Visit #1 Four-week retainer check
Visit #2 Four-month retainer check

Visit #3 Ten-month retainer check
Visit #4 16-month retainer check

Your treatment will be completed after the 16-month retainer check appointment.

After your final retainer check, your active treatment is complete. Any appointments after this will be subject to a fee. Completed orthodontic treatment does not guarantee perfectly straight teeth for the rest of your life. Minor irregularities, particularly in the lower front teeth, may occur. Teeth have a memory and often try to move back to their original positions. Retainers are required to keep teeth in their new positions. Regular retainer wear for a lifetime is necessary as your body is continually growing and maturing.

Please review and sign this document which allows Turner Orthodontics to remove all appliances/braces and indicating that you understand our retainer policies and that you are entering a new phase of your treatment.

TURNER ORTHODONTICS RETAINER GUARANTEES

Turner Orthodontics provides you with the best quality products on the market. However, nothing placed in the mouth is truly permanent.

CLEAR ESSIX RETAINERS

Two years with proper wear and care guarantee (not including clenching/tooth grinding)

With proper care and handling, our Essix retainers are guaranteed for two years. *IMPORTANT: If you have known dental clenching or grinding, please talk with a member of our team or your primary dentist regarding a custom night guard. Clenching and grinding WILL damage your Essix retainers and potentially your tooth health.

Over time with normal wear, the clear Essix retainer will wear out and need to be replaced. If the clear Essix retainers are lost, damaged, or no longer fit due to non-compliance or dental work, please call our office immediately to have a new retainer made. A new retainer will be subject to a full replacement fee.

BONDED RETAINERS

12 months re-glue guarantee

Your Memotain-brand bonded retainer is custom made with highly durable materials and will be attached to the back of your teeth with glue. With proper care, bonded retainers are expected to last many years. Within 12 months of your teeth being bonded, Turner Orthodontics guarantees the glue placement. If the retainer

repair is to re-glue, rather than replace the wire, there will be NO charge. If the glue breaks after the 12-month window, the re-glue repair will be subject to a fee. If the bonded retainer (wire) breaks, and/or is removed intentionally at any point after placement and needs to be replaced entirely, a lab fee will apply.

If your bonded retainer breaks or becomes loose, call our office to schedule an appointment. Until the bonded retainer can be repaired or replaced, IMMEDIATELY start wearing the extra clear Essix retainer over the bonded retainer to avoid any teeth shifting. If the bonded retainer needs to be repaired or removed **any time after the treatment period** has ended, a fee will apply. *Intentional removal of any bonded retainer is subject to a full replacement fee or office visit fee, whether the retainer is replaced or permanently removed.

INSTRUCTIONS AND RESPONSIBILITIES *Please initial next to each key point indicating that the patient understands and accepts the following responsibilities:*

- ☐ Wear my removable retainers for 22 hours a day (including sleeping) for a minimum of 4 weeks post-braces removal or until Dr. Turner instructs me otherwise. After Dr. Turner instructs me to wear my retainer at nighttime only, I understand a lifetime of consistent nighttime retainer wear is essential to maintain proper tooth alignment and retainer fit.
- ☐ Check periodically that my bonded retainer is stable and glued to each tooth. *The glue can break and if not repaired, teeth can shift. If my bonded retainer breaks or becomes loose, I have been told to wear my back up clear Essix retainer to maintain my teeth’s current alignment until my bonded retainer is repaired or replaced.
- ☐ Keep my regular 3 to 6 month dental appointments. *Maintaining good oral hygiene is critical with bonded retainers. Improper brushing and flossing with a bonded retainer can result in dental decay.
- ☐ Avoid chewing on my clear retainers or eating with my retainers on. *These behaviors will result in damage and a fee for replacement.
- ☐ Keep my removable retainers in their proper case and out of direct heat. *Heat will damage the retainers and result in a replacement fee.
- ☐ Maintain my scheduled retention appointments as prescribed by Dr. Turner.
- ☐ Bring all removable retainers to my retention appointments.
- ☐ I understand that improper care, improper wear, non-compliance and dental work may result in my retainers no longer fitting properly and a replacement retainer will be needed at an additional fee. Turner Orthodontics is not liable for any changes in alignment or occlusion (bite) due to these occurrences. I will call the office right away if my retainers are lost, damaged or no longer fit.

CONSENT FOR BRACES REMOVAL

Please sign and date below to indicate that you understand the above information and consent to the removal of your/your child’s braces/appliances.

If you are unable to print out and sign or electronically sign, **THEN PLEASE TYPE YOUR NAME IN BOTH** signature and printed name fields.

SIGNATURE OF PATIENT (IF 18 OR OLDER) PRINTED NAME DATE

SIGNATURE OF PARENT/LEGAL GUARDIAN PRINTED NAME OF PARENT/LEGAL GUARDIAN RELATIONSHIP DATE

FILL OUT AND RETURN AT LEAST 24 HRS PRIOR TO APPT VIA EMAIL OR FAX

ESSIX RETAINER CARE

- To remove from teeth, carefully pull retainer down from back teeth.
- Do not eat or drink anything while wearing (except water) as sugar and food can become trapped and stain teeth.
- Do not chew on your retainer! You sometimes see athletes chewing on their mouth guards... your retainers are NOT made to be chewed and WILL BE DAMAGED as a result.
- Always store your retainer in its protective case when it is not being worn. Most retainers are lost when removed outside the home, especially during mealtimes. Please DO NOT WRAP THEM IN A NAPKIN or place them on lunch trays as they are easily (and often) thrown away.
- Certain types of dental work may require you to have a new upper Essix retainer made.
- **HOW TO CLEAN RETAINERS** *Daily:* Rinse retainer with warm (NOT hot!) water. *Weekly:* Use liquid soap (we recommend Dawn) and/or a denture or retainer cleaner like (Retainer Brite). Do NOT use toothpaste. Do NOT put retainers in the dishwasher.
- **SIGNS YOUR ESSIX RETAINER NEEDS TO BE REPLACED:** The retainer fits loosely and slips off teeth easily. There are cracks or holes in the retainer. It looks cloudy or white (indicates calcium build-up).

RETAINER WEAR TIMELINE

"NIGHTTIME FOR A LIFETIME"

FIRST MONTH:
22 hours per day

SECOND MONTH AND BEYOND:
While you sleep

TIPS

If you lose or damage your retainers and don't have a replacement, call the office immediately. Teeth can move to positions that cannot be corrected with retainers if you wait too long.

ALWAYS put retainer(s) in their case when they are not in your mouth.

- After cleaning your retainer in the morning, immediately return it to its protective case. Keeping this at your bedside makes access at bedtime that much easier!
- Never leave your retainers where a pet can reach them. "My dog chewed my retainer!" is one of the most common reasons for retainer replacement.
- Heat can distort your retainer. Avoid hot water, hot cars, and dryers.
- Take your retainer to your orthodontic appointments for fit checks.

LOWER BONDED MEMOTAIN RETAINER CARE

- Keep your Memotain bonded retainer clean by brushing and flossing your lower teeth as well as the wire. Flossing above and below by using a threader is necessary. Maintain your regular 3- to 6-month dental cleanings.
- Be mindful that the wire must remain affixed to each tooth! If the wire breaks or detaches from any tooth, call us immediately. Do not attempt to fix it yourself. **Very important:** you should wear your clear, back-up lower Essix retainer you received on your Deband Day until your lower bonded retainer is fixed to prevent shifting of your teeth.

**PLEASE
BRING YOUR
RETAINER
TO EVERY
VISIT!**